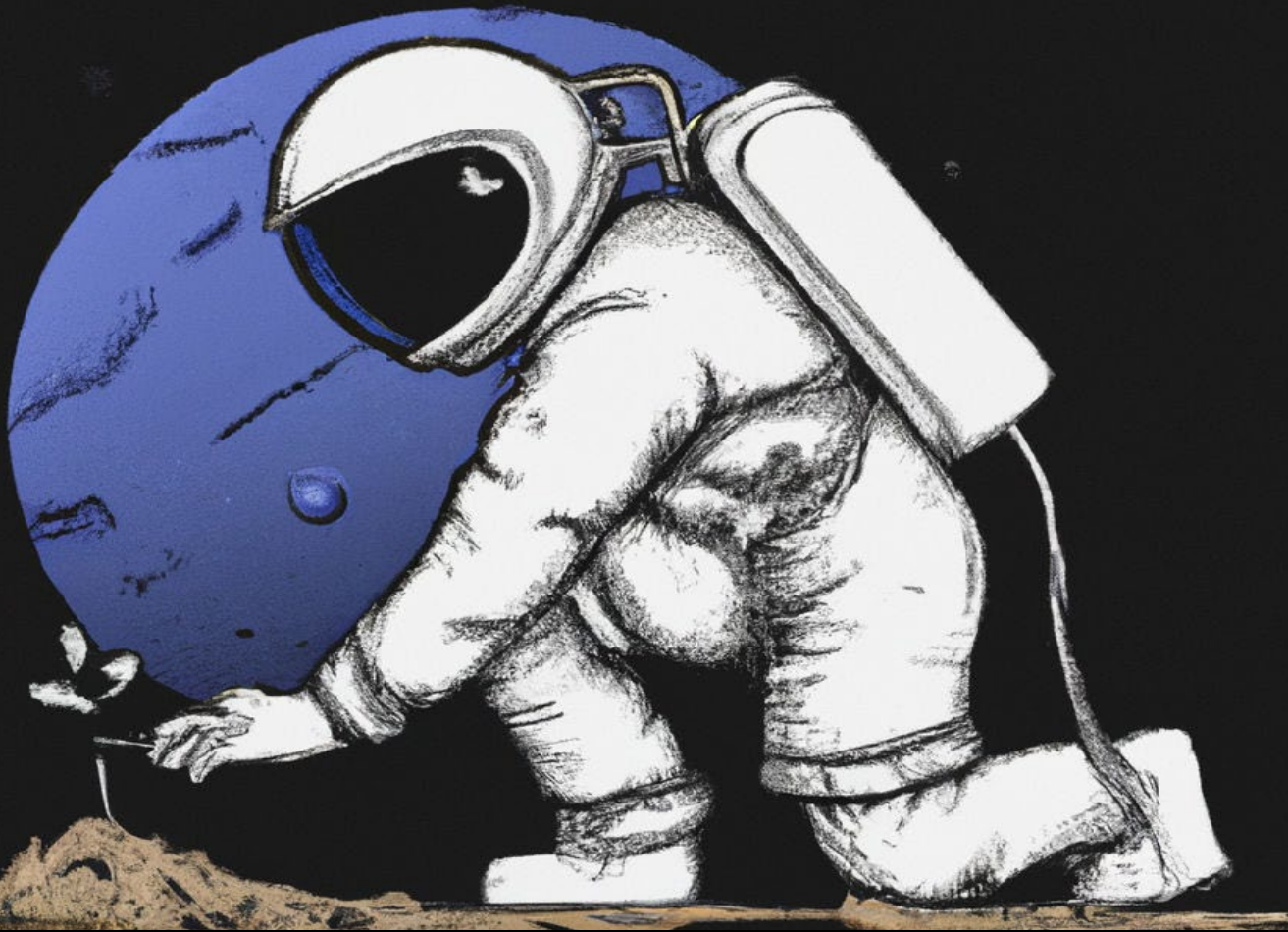




PREFERRED TRAINING  
NETWORKS



# AUTHENTIC LEADERSHIP TRAINING COURSE

"Authentic leadership is not about being perfect; it's about being real." -Simon Sinek

This course offers an in-depth exploration of authentic leadership skills. Participants will gain the tools, resources and knowledge to effectively become a conscientious leader in any organization. They will learn the power of self-reflection and how to identify personal strengths and weaknesses. They will discover practical tips to build authentic relationships with stakeholders. Additionally, they will learn key strategies for managing diverse teams and inspiring innovation. This comprehensive course will also cover topics such as effective communication, strategic decision-making and cultivating ethical practices. The course provides an ideal opportunity to develop meaningful leadership skills to positively impact any profession.

## Key Course Content:

- Critique the ingredients of an authentic leader
- Feel even more comfortable in your own skin
- Conduct a self SWOT analysis
- Keep the organisations top of mind with all staff
- Learn to listen authentically
- Position your challenges positively
- Review authentic behaviours
- Raise your consciousness levels and notice more opportunities
- Feel comfortable standing alone on occasion
- Work collaboratively with stakeholders to build inclusivity
- Spot the tell-tale signs of authentic duress
- Act fearlessly and accept your decisions will occasionally be wrong



## Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



## Duration:

This course is available as a 1-day course or a truncated half-day course.



## Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



## Group Size:

We recommend a group size of 4-10 people.

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