



PREFERRED TRAINING
NETWORKS

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GET AHEAD FOR 2024

Online training programs to see
you and your team starting the
new year strong!



**Special offer for
rural and regional
organisations**

\$395 ex GST p.p

Dear Ross,

We're delighted to introduce our online public training program, designed specifically to cater to the educational needs of rural and regional organisations. Our mission is to bring high-quality training to your doorstep, ensuring that no matter the size or remoteness of your organisation, you have access to the skills and knowledge you need to thrive. We hope to see you at one of our online courses below:



DE ESCALATING CONFLICT IN RURAL SETTINGS

Wednesday 6th December or Tuesday 16th January | 9am - Noon

An opportunity to dive into real-life examples of the main causes of conflict in rural places. Workshop participants are given tools and strategies to de-escalate the conflict. Essentially you're trying to remove the fuel to dramatically reduce the intensity

Key Course Content

- The psychology of anger in rural communities
- Soft targets and opportunities
- Facing an angry outburst
- Random aggression
- Top 4 De-escalation techniques



STEP UP LEADERSHIP SKILLS IN REMOTE AREAS

Thursday 7th December or Wednesday 17th January | 9am - Noon

Stepping up to a new leadership or management role can be daunting, sometimes moreso when it occurs in a rural setting: How are your workmates going to react? What's going to be different? What changes do you need to prepare for?

Key Course Content

- Your expectations of the new role
- Your organisation's expectations of leaders
- The responsibility of leadership
- Adjustment techniques
- Continuous learning

Turn over for
more exciting
course options





RURAL OCCUPATIONAL VIOLENCE RESPONSES

Wednesday 13th December or Thursday 18th January | 9am - Noon

Making domestic visits can be risky in rural areas where there is a higher proportion of licensed guns and tools that can be wielded as weapons. This workshop focuses on personal safety, reducing risks and responding to violence in rural parts of Australia.

Key Course Content

- Weapons of violence
- Boundary setting
- Exiting a situation Do's and Don'ts
- Random violence
- Response techniques



RURAL RESILIENCE STRATEGIES

Thursday 14th December or Friday 19th January | 9am - Noon

People in rural communities often over estimate their resilience skills. The stereotypical "it'll be right mate" isn't always the case. This course gives participants key skills to develop resilience levels and bounce back quicker.

Key Course Content

- A positive demeanour (why bother)
- Bouncing back after disappointment
- Achievement setting
- Mindfulness at work
- Exercises to collect calm

BOOK NOW!



WHY CHOOSE PREFERRED TRAINING NETWORKS

Preferred Training Networks (PTN) is your strategic partner in maximising the people resources in your organisation. We don't just offer workshops; we provide transformative experiences that empower your team and streamline operations. With a national presence, we eliminate the burdensome travel costs that can weigh down your budget, enabling you to allocate resources where they're needed most.



OUR REGIONAL AND RURAL FOOTPRINT

We love delivering workshops in rural Australia. Here's some of our customers who have used our training services:

Royal Flying Doctors - Qld Health - St Vincent de Paul Society NT - Aboriginal Health and Medical Research Council NSW - La Trobe Community Health - Dept of Communities - Child Safety and Disability Services Qld - Yoowinna Wurnalung Aboriginal Healing Service - Aged and Community Care Services - Cairns Hospital - Boort District Health - Margoneet Correction Centre - Mareeba Community Housing Company - Shire of Coolgardie - Gippsland Lakes Community - Australian Red Cross

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MORE INFO?

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