



# SHOWS COURAGE

"Courage is not the absence of fear, but the triumph over it." - Nelson Mandela

A courageous leader is someone who acts bravely and resiliently in the face of challenges, makes tough decisions, and stands up for what is right even when it may not be the most popular choice. Studies have shown that employees are less likely to follow a leader who lacks courage during difficult times. This course will equip you with the knowledge and skills to make tough decisions, stand up for what's right, and remain resilient under pressure. Explore the concept of courage in leadership, why it is essential for success, and how you can cultivate it to become a more effective and respected leader. Join us to unlock the power of courage!

## Key Course Content:

- Learning how to act bravely and resiliently in difficult situations
- Realising the impact of tough decisions
- Knowing the importance of standing up for what is right, even when it may be unpopular
- Understanding the correlation between courage and staff satisfaction and comfort in the workplace
- Recognising that courage involves calculated risk-taking, not impulsive or reckless behavior
- Learning how to lead with integrity and ethical values in times of adversity
- Developing the ability to remain calm and composed while making tough decisions
- Learning how to navigate and overcome fear and uncertainty as a leader.



## Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



## Duration:

This course is available as a 1-day course or a truncated 1/2-day course.



## Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



## Group Size:

We recommend a group size of 4-10 people.