REJECTS POOR BEHAVIOURS

"The true test of character is not how we behave when we are at our best, but how we behave when we are at our worst." - Unknown

It's crucial to address and eliminate negative behaviors that can hinder productivity and damage team morale. From toxic attitudes to lack of accountability, discover how to handle challenges with confidence and tact. Learn strategies to identify and address poor behaviors such as disrespect, negativity, and non-accountability. Our experienced facilitators will guide you in developing effective communication skills to promote mutual respect and understanding amongst team members. You will also explore techniques to foster a culture of accountability and professionalism in the workplace. Let's reject negative behaviour and create a workplace where everyone can thrive.

Key Course Content:
- Understanding the consequences of poor behaviour on oneself and others
- Recognising specific behaviours that are considered unacceptable or harmful
- Learning how to control emotions and reactions in difficult situations
- Practicing effective communication and conflict resolution skills
- Identifying triggers for poor behaviour and finding healthy ways to cope with them
- Setting and maintaining boundaries to promote respectful interactions
- Exploring alternative behaviors and learning how to make positive choices
- Taking responsibility and being accountable for one's actions

Target Audience:
The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.

Duration:
This course is available as a 1-day course or a truncated ½ -day course.

Delivery:
This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.

Group Size:
We recommend a group size of 4-10 people.