



AVOIDS DIPPING DOWN

"Leadership is not about diving in and taking control, it's about empowering others to rise up and take charge." - Simon Sinek

Leaders are often faced with the challenge of balancing their responsibilities and delegating tasks to their team members. This training course will delve into the concept of "dipping down," which refers to leaders micromanaging or intervening in tasks typically handled by lower-level team members. Dipping down is tempting, but it is not effective or efficient. Gain the confidence to communicate boundaries, build trust, and foster a healthy work dynamic. Join us to discover effective strategies for managing tasks at all levels and maximising your team's potential.

Key Course Content:

- Understanding the concept of "dipping down" as a form of micromanagement by leaders
- Realising the negative impact of dipping down on team trust, autonomy, and morale
- Learning to identify signs of dipping down in a leadership role
- Developing strategies to avoid dipping down and promote trust and autonomy among team members
- Understanding the importance of delegating tasks and empowering team members to build their skills
- Uncovering the hidden costs of dipping down, such as lost productivity and employee turnover
- Recognising the need for effective delegation in leadership.
- Empowering your team to be proactive



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated ½ -day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.