



TACKLING WORKPLACE GOSSIP

"Great minds discuss ideas; average minds discuss events; small minds discuss people." - Eleanor Roosevelt

In today's workplace, gossip can be a major distraction that creates a toxic workplace and reduces productivity. In this training course, you will learn how to effectively tackle workplace gossip. This course ranges from identifying the root cause of gossip, to effectively addressing and diffusing rumours. By the end of this course, you will be equipped with practical tools to maintain a positive and productive work environment. You will walk away with enhanced communication skills and increased trust within your team. Join us and say goodbye to workplace gossip!

Key Course Content:

- Understand the negative impacts of gossip in the workplace on individuals and the overall culture
- Develop skills to recognise and address gossip in a productive and professional manner
- Learn effective communication techniques to diffuse gossip and prevent its spread
- Gain awareness of personal biases and prejudices that may contribute to participating in or perpetuating gossip
- Explore strategies for creating a positive and inclusive workplace culture that discourages gossip
- Understand the importance of setting boundaries and maintaining confidentiality in conversations and relationships with coworkers
- Develop a plan for addressing and managing rumours and gossip in the workplace



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated ½ -day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.