



ALTERNATIVE DISPUTE RESOLUTION

"The best argument against ADR is a good lawyer." -Anonymous

Alternative Dispute Resolution (ADR) is an effective and efficient way to resolve conflicts. Discover the different types of ADR, including arbitration, mediation, and conciliation. Gain an understanding of the Appeals system and the FW Ombudsman and the FWC. Through comprehensive discussions, participants will gain an understanding of how to use ADR to resolve conflicts in a variety of contexts. They will also learn the skills needed for each type of ADR, ranging from active listening and persuasiveness to consensus-building and collaboration. Participants will identify strategies for addressing conflicts in a constructive way and negotiate outcomes in a fair & mutually beneficial manner. For best results we need at least 4 participants from your organisation to participate.

Key Course Content:

- Understand the various forms of Alternative Dispute Resolution (ADR), including arbitration, mediation, collaborative law, and early neutral evaluation
- Learn the pros and cons of ADR compared to litigation
- Learn the roles of the different organisations in the ADR
- Learn to identify appropriate ADR practitioners and how to select the best process for a particular dispute resolution
- Understand the role of the mediator, negotiator, arbitrator, evaluator, and other related roles in ADR
- Explore strategies for effective negotiation and mediation of disputes
- Recognise the importance of effective communication and the use of conflict management techniques in ADR
- Identify your negotiation style
- Positional bargaining techniques



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated 1/2-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.

GET IN TOUCH: ☎ 1300 323 752 | Deborah: ddear@preftrain.com ✉ | 🌐 preftrain.com