



# POSITIVE LEADERSHIP SKILLS

"Leadership is the capacity to translate vision into reality." - Warren Bennis

Positive Leadership Skills is an essential course for anyone looking to lead effectively. This course helps participants understand how to lead with a positive attitude, set clear goals and objectives, foster teamwork and communication, and use problem-solving skills to achieve desired outcomes. Your facilitator will explore helpful and unhelpful behaviours in a bid to map out the best positive behaviours. Participants will also learn how to provide feedback and support, mentor and challenge staff when necessary, and develop strategies to strengthen relationships amongst team members. Participants will become more confident in their role as a positive leader

## Key Course Content:

- Understand the difference between positive and negative leadership
- Develop an ability to recognise the needs of your team and ensure effective communication
- Cultivate an optimistic mindset and attitude towards life
- Learn how to motivate and inspire others
- Develop skills to manage and prioritise tasks
- Bid adios to unhelpful workplace behaviours
- Discuss how uncontrolled ego makes you less of a leader
- Learn techniques to establish trust within a team
- Develop methods of problem solving and conflict resolution
- Learn how to set clear goals and expectations
- Give and receive positive feedback
- Make a line in the sand – tomorrow is a new positive day
- Practice techniques to foster creativity within the team



## Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders.



## Duration:

This course is available as a 1-day course or a truncated ½ day course.



## Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



## Group Size:

We recommend a group size of 6-12 people.