



# NEURODIVERSITY IN THE WORKPLACE

"Neurodiversity is a gift, not a challenge." - Judy Singer

This course is designed to help participants understand and appreciate the challenges faced by neurodivergent individuals in the workplace. Through activities, presentations and discussions, participants will explore the concepts of neurodiversity, inclusion and accommodation in the modern workplace. Specifically, the course will cover topics such as recognizing and respecting different types of neurological functioning & understanding the diversity of abilities within the workforce. Participants will gain insight and knowledge that can be applied to their daily working practices, and leave with the skills needed to create an inclusive and productive workplace for all.

## Key Course Content:

- Develop an understanding of neurodiversity and the impact it can have in the workplace
- Develop strategies for creating a neurodiverse workplace culture
- Understand the legal rights of neurodiverse individuals in the workplace
- Learn how to identify and remove potential barriers in the workplace for neurodiverse employees
- Establish best practices for recruiting and onboarding neurodiverse individuals
- Identify resources, tools and support networks to support neurodiverse employees
- Develop strengths-based approaches to managing neurodiverse teams
- Foster a sense of belonging, engagement and inclusion



## Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



## Duration:

This course is available as a 1-day course or a truncated ½ day course.



## Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



## Group Size:

We recommend a group size of 4-10 people.

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