THINK THOUGHTS THROUGH

"The mind is everything. What you think you become." - Buddha

This training course will help participants identify their thinking style and how to best utilize it. Participants will explore the various cognitive styles and how they can be used to better engage in problem-solving. They will also become more aware of their own strengths and weaknesses and how to use a range of thinking approaches to best fit their personal context. Through discussion, practical activities and reflection, participants will gain an understanding of how to optimally use their thinking style to increase creativity and productivity.

Key Course Content:
- Understand why they think the way they think
- Anticipate and accurately predict the impact of policies and procedures
- Remove ambiguity from policies and directives
- Understand different thinking styles of diverse ethnicities
- Understand how matching and mismatching impacts our thinking styles
- Reframe problems to be strategic opportunities
- Understand that there is more than one solution and a one solution methodology is myopic
- Identify and label conditioning thinking styles
- Get beyond SWOT analysis - the next step
- Rely on your intuition and be more self-aware
- Be prepared to take mitigated risks and accept 'bad ideas'

Target Audience:
The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.

Duration:
This course is available as a 1-day course or a truncated half-day course.

Delivery:
This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.

Group Size:
We recommend a group size of 4-10 people.