

## SPEED READING: A FINANCIAL REVIEW

## "Reading is essential for those who seek to rise above the ordinary." - Jim Rohn

Learn to read faster with our speed reading course. Our comprehensive program focuses on teaching both active and passive reading techniques. You'll break old habits and develop mental agility, concentration and discipline. Develop skills in structured reading, skimming, scanning and comprehension to optimize your absorption of any text. Live instructors will coach you through the process, providing feedback and tips to ensure successful execution of your strategies. After completing the course, you'll be able to read more quickly and with greater understanding. Enjoy the satisfaction of tackling complex material faster than ever before.

## Key Course Content:

- Improve current reading speed by 2-3 times.
- Improve concentration when reading work related material.
- Develop mind mapping skills to assist with clarity of understanding.
- Increase comprehension levels so that the information is retained
- Improve memory and recall by applying a technical reading strategy.
- Save time by being able to assess the relevance of material prior to committing to a full read.
- Read and research information on the internet faster.
- Get on top of projects by accumulating information faster.


## $\beta$ Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.

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## Duration:

This course is available as a 1-day course or a truncated half-day course.

## ${ }^{1} 18$ Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.

## 00 Group Size:

We recommend a group size of 4-10 people.

