



SPEED READING COURSE

"A book is a dream that you hold in your hand" - Neil Gaiman

Speed Reading is a program designed to help you improve your reading abilities. Through a series of lectures and exercises, you'll learn the techniques and strategies needed to read faster and more effectively. You'll learn how to read quickly and accurately, improving your comprehension and retention skills. Moreover, this course will show you how to better manage your time, allowing you to read more materials in less time. Using the strategies learned during this course, you will be able to confidently tackle any reading task with ease. Join in and discover the power of speed reading today!

Key Course Content:

- Improve their current reading speed by 2-4 times.
- Improve concentration when reading work related material.
- Develop mind mapping skills to assist with clarity of understanding.
- Increase comprehension levels so that the information is retained.
- Improve memory and recall by applying the technical reading strategy.
- Save time by being able to assess the relevance of material prior to committing to a full read.
- Read and research information on the internet faster.
- Get on top of projects by accumulating information faster.



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.