



SPEED READ BOARD REPORTS

"Reading is essential for those who seek to rise above the ordinary." - Jim Rohn

Speed reading is an invaluable skill for anyone looking to maximize their reading efficiency. This one-day course teaches you the techniques and strategies needed to quickly and effectively process written material. You will be introduced to three core approaches: skimming, scanning, and sweep reading. Through a combination of interactive lectures, practice sessions, and group discussions, you will gain the skills needed for improved comprehension and memory retention. This course will also explore the different types of material best suited for speed reading and provide strategies to successfully navigate them. By the end of this course, you will have the confidence to apply your newly acquired speed reading abilities to any text. Join us now to supercharge your reading!

Key Course Content:

- Measure current reading speed.
- Increase current reading speed by 3-4 times.
- Increase comprehension levels and recall capacity.
- Increase concentration and focus when reading.
- Reduce daydreaming and wandering activities.
- Benchmark current reading speed and comprehension levels.
- Find the vital information in a Board Report faster.
- Structure the reader's mind to become more analytical whilst reading.
- Identify struggle points in a report and decide what further research is required.
- Introduce and apply technical reading strategies.
- Apply strategy to work related material.



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.