

# **TEAM BUILDING SKILLS**

"Teamwork makes the dream work." - John C. Maxwell

Team building is an important skill to master in any organization. This course will give participants the tools and strategies to build effective teams. Participants will learn how to assess team dynamics, recognize ways to foster collaboration, and develop methods to address potential conflicts. Through interactive activities and discussions, participants will be equipped to create a climate of trust and respect, as well as identify and reduce gaps in communication. By the end of the course, participants will have a better understanding of how to develop and lead effective teams. Highly engaging and informative, this course teaches practical skills you can use in any team model.

# **Key Course Content:**

- Plan and prepare team expectations and objectives.
- Learn to value of differences within the team.
- Learn to communicate better with different cultures and generations.
- How to motivate and engage the team.
- Identify and overcome the conflicts that occur in the team.
- Identify different thinking styles within the team.
- Build trust into the team.
- Invent win-win outcomes for all individuals in the team.
- Understand different personality styles and build trust into the team.
- Build synergy into the team and aim for seamless service delivery.
- Nurture a culture of individual and team problem solving.



The court The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



# **Duration:**

This course is available as a 1-day course or a truncated half-day course.



This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



## Group Size:

We recommend a group size of 4-10 people.