



# PUBLIC SPEAKING TRAINING COURSE

"It's not the size of the dog in the fight, it's the size of the fight in the dog." - Mark Twain

Public speaking is an essential skill for success in many professional and social settings. This course will teach you the fundamentals of successful public speaking, including how to write and deliver a speech, handle difficult questions and situations, and analyze your audience's reactions. You will gain hands-on experience by creating, practicing, and delivering your own speeches using various types of media. You will also learn about important topics such as body language and vocal delivery. By the end of the course, you will have the confidence to communicate your ideas and engage with any group of people.

## Key Course Content:

- Understand the basics of adult learning styles
- Understand the power and variables of your voice exploring pitch, pace, projection, volume, emphasis, tone and resonance
- Develop an individual style of presentation using your strengths
- Build emotive connections with the audience
- Resist the urge to rely on PowerPoint slides to be the hero of the presentation
- Develop stronger community consulting skills
- Dramatise for impact
- Discover the 4 tips that the master speakers use for emphasis
- Use a checklist to ensure you cover the public speaking essentials



## Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



## Duration:

This course is available as a 1-day course or a truncated half-day course.



## Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



## Group Size:

We recommend a group size of 4-10 people.