



PROACTIVITY TRAINING COURSE

"The best time to plant a tree was 20 years ago. The second best time is now." - Chinese Proverb

Being Proactive is an interactive course designed to help you develop strategies for taking initiative and making positive changes in your life. Through self-reflection and meaningful activities, you'll gain the confidence to identify goals, assess opportunities, and make decisions that will help you achieve success. You'll explore the psychology of proactive behavior, learn practical problem-solving techniques, and discover ways to break out of complacency and become more productive. Participants will leave with a deeper understanding of themselves and their potential, as well as actionable steps to help them become proactive in their personal and professional lives.

Key Course Content:

- Seize opportunities rather than watch them pass by
- Agree the consequences of not being proactive
- Critique the OTI crystal ball methodology
- Recognise and reward staff for making decisions
- Remove the fear of failure
- Clarify and remove any confusion or gaps in role descriptions
- Identify an independent observer to monitor your progress
- Discuss if perception is reality or vice versa
- Reposition the perception of failure
- Identify real and imagined psychological barriers to being proactive
- Discuss if a blame culture inhibits growth



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.

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