



PERSONAL LEADERSHIP

“Mastering others is strength; mastering oneself is true power” - Lao Tzu

Leadership is an essential skill in any situation. Personal leadership helps us to understand our strengths and weaknesses, manage our emotions, develop trust and relationships, take initiative and navigate change. This course provides an immersive experience that will explore these topics and more to help build personal leadership capabilities. Through self-reflection activities, group discussions, individual coaching and more, participants will gain awareness of their qualities as a leader and learn tools to improve their skills. By the end of the course, participants will be better equipped to become a positive influence in their professional and personal lives.

Key Course Content:

- Describe personal leadership style
- Develop strategies for maximising personal leadership
- Evaluate the role of self-awareness in personal leadership
- Identify areas of personal leadership strength
- Describe the positive and negative impact of personal leadership
- Identify opportunities for influencing others via personal leadership
- Implement personal leadership to inspire and motivate others
- Implement personal leadership as a deliberate leadership strategy
- Evaluate personal leadership style against organisational values and culture



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.