



DEVELOPING COACHING STYLES

"The only way to do great work is to love what you do." - Steve Jobs

This training course explores the different coaching styles used in the workplace. We will cover the different methods used for coaching, how to use them effectively, and which techniques work best for different scenarios. We will discuss the impact of different coaching styles on employee performance and morale, providing valuable tools for improving workplace culture and productivity. You will also learn how to assess individual employee needs and develop customized coaching approaches that address those needs. Through this training course, you will gain a comprehensive understanding of coaching styles and the ability to apply such practices to create lasting positive change in the workplace.

Key Course Content:

- Illustrate the roles and responsibilities of coaches
- Assess the current skill level of coaches
- Build experiential learning activities into your coaching
- Develop active listening skills
- Discuss the role of trust and rapport in the coaching role
- Discuss the 4 biggest mistakes that coaches make
- Analyse the GROW coaching model
- Dealing with Resistance - role plays
- Build Coaching Action Plans



Target Audience:

The course can be tailored for the specific cohort whether it be the leadership team, another group of managers/team leaders or employees.



Duration:

This course is available as a 1-day course or a truncated half-day course.



Delivery:

This course can be delivered both in-person or virtually. For virtual delivery, we can use our virtual platforms or your organisations.



Group Size:

We recommend a group size of 4-10 people.