

Creating a Positive Culture

Positive organisations are more resilient

Question: Who wants to work in a negative environment?

Answer: Not high performers

Creating a positive culture is a competitive advantage. It helps retain and attract high performing teams. Organisations with a positive culture have been proven to be more productive. This program helps you build the levels of positivism across your entire organisation.

Do you have a positive culture in your organisation?

How positive are your people

1. Our people are generally well natured
2. We avoid negative behaviours and shun innuendo and gossip
3. We enjoy our work and have a sense of fulfilment
4. Any conflict is nipped in the bud before it becomes problematic
5. We have clear role descriptions
6. Our people think on their feet
7. Our people know how to effectively manage anxiety and stress
8. We have an open communication policy environment to reduce any unnecessary conflicts
9. We promote transparency in the workplace
10. We have a positive outlook
11. We develop rapport easily and have synergy in our teams
12. We give discretionary effort to achieve goals
13. We can communicate with difficult people without letting them get under our skin
14. We welcome differences in other people
15. We believe our values are congruent with the organisation
16. We know how to relax and practise breathing techniques

YOUR SCORE

People that have a positive culture at their workplace generally score "YES" to 13 of these questions.

If you scored less, you should think about learning how to create a positive culture in your organisation.



Key learning outcomes

Creating a Positive Culture program will give participants the skills to:

- Create a rank order for your tasks instead of fire fighting every day
- Develop a discipline framework to keep you focussed
- Understand the importance of the work that you do
- Identify the importance of the different roles you have in your life
- Use breathing techniques to keep you calm and full of energy
- Create positive experiences to help you enjoy life even more
- Develop your interpersonal skills
- Understand the powers of attraction
- Use tangible and intangible cues to build rapport with different people
- Deflect negative people and difficult people
- Set an action plan to achieve what is important to you
- Be aware of inner voice controls
- Make better choices by developing your thinking styles
- Learn to relax

Would you like to attend this program?

For maximum effectiveness, this program is best conducted as an in-house program.

- **Ideal group size:** 4 - 12 participants.
- **Venue:** For your convenience, you can choose to conduct this program at your business premises. Alternatively, we can provide a training venue at a small additional cost.
- **Duration:** This program can be adapted to meet your requirements.
- **Cost:** Price on request.
- **Target Audience:** Employees, Supervisors, Team Leaders, Senior Managers or CEOs.

If you would like more information on this training program, please contact:
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www.preftrain.com

