

Patience for Patients

Plan of action

Working in today's health sector can be challenging, demanding and confronting. Between increasing workloads, stretched budgets and heightened political scrutiny, it's easy to forget why you embarked on a health career! Undoubtedly for most health professionals their career choice had a lot to do with improving outcomes for patients and somehow making a difference.

However this original motivation can get hazy when dealing with the day to day challenges of the workplace. Wouldn't it be great if you could recapture some of that energy and motivation you had when you started out on your health career? Discover proven ways to refocus your priorities and recapture your patience for patients!

Key Learning Outcomes

At the conclusion of this program participants will possess the skills to:

- Develop strategies for increasing patience and tolerance levels
- Identify the traits of four behavioural styles
- Use behavioural styles as the basis for establishing and maintaining professional relationships
- Identify individual strengths and weaknesses
- Describe the anger cycle
- Rediscover the patience of your youth
- Implement personal workplace resilience strategies
- Revitalise personal motivational levels
- Evaluate the impact of disillusioned professionals upon patients
- Develop strategies to combat detachment

Would you like to attend this program?

- For maximum effectiveness, this program is best conducted as an in-house program.
- Ideal group size 4 - 10 participants
- Venue For your convenience, you can choose to conduct this program at your premises. Alternatively, we can provide a training venue at a small additional cost
- Duration This program can be conducted as a one day or half day program
- Cost Price on request

If you would like more information on this training program, please contact:

Preferred Training Networks on 1300 323 752

Email: Deborah ddear@preftrain.com.au or visit our website today

www.preftrain.com.au