## Plan of action

Everyone has an ego. Ego is an identity of self and can easily be spotted - just listen for the constant use of the word I, I, I. Whilst a little bit of ego is healthy, self inflated egos can cause huge problems in the workplace. Blowing up your own tyres too often gets people off side. Additionally inflated egos often have a strong culture of entitlement too. It's important to manage these egos and not kowtow to them. Learn the balancing act of letting the person know that you are grateful for their experience and at the same time let them know the behaviours that are expected.

## **Key Learning Outcomes**

At the conclusion of this program participants will possess the skills to:

- Build behavioural boundaries
- Profile the advantages and disadvantages of inflated egos
- Manage expectations of people with big egos
- Motivate people with strong egos
- Be aware of the avoidance games that people play
- Reframe challenges to make them more in sync with individual goals
- Define clear role boundaries
- Discuss the value exchange Remuneration and Effort
- Differentiate between ego and psychopathic tendencies
- Develop strategies to harness egos
- Stamp out unhelpful behaviours
- Implement ego specific feedback

## Would you like to attend this program?

- For maximum effectiveness, this program is best conducted as an in-house program.
- Ideal group size 4 10 participants
- Venue
  For your convenience, you can choose to conduct this program at your premises.

Alternatively, we can provide a training venue at a small additional cost

Duration This program can be conducted as a one day or half day program

Cost Price on request

If you would like more information on this training program, please contact:

Preferred Training Networks on 1300 323 752

Email: Deborah <u>ddear@preftrain.com.au</u> or visit our website today www.preftrain.com.au