PREFERRED TRAINING NETWORKS PROGRAM OUTLINE LEARN TO LEARN

Learn to Learn

If your people only attend one course in their professional lives then this should be strongly considered. This course helps participants discover how other people retain information. Participants also learn their own unique learning style.

Once learning styles are understood then participants are shown proven methods to modify their communication style so their message is retained.

What are the benefits of your Learn to Learn program?

- 1. Understand the key principles of adult learning
- 2. Discover how adult learning styles differ
- 3. Engage your listener
- 4. Understand the importance of self directed behaviour
- 5. Understand how goal driven behaviour can accomplish tasks
- 6. Understand different personality styles and how to match your communication style
- 7. Use NLP techniques
- 8. Understand the benefits of 'actively listening' and 'questioning' skills
- 9. Communicating and motivate simultaneously
- 10. Discover preferred learning signals
- 11. Think creatively
- 12. Break paradigms
- 13. Solve problems by using creative pathways
- 14. Create learning feedback loops
- 15. Make your message stand out



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Key learning outcomes

Your *Learn to Learn program* will give participants the skills to:

- Understand learning styles
- Practice NLP communication styles
- Avoid learning blocks
- Gain clarity and perspective quickly
- Comprehend large amounts of information quicker
- Communicate your ideas and concepts effectively
- Understand learning styles
- Communicate similar messages differently
- Set the context clearly
- Use interruption techniques to keep the listener active
- Use engagement drivers
- Practice voice techniques
- Use active listening and questioning skills

Would you like to attend this program?

- For maximum effectiveness, this program is best conducted as an in-house program.
- Ideal group size: 4 12 participants.
- Venue: For your convenience, you can choose to conduct this program at your business premises. Alternatively, we can provide a training venue at a small additional cost.
- **Duration:** This program can be adapted to meet your requirements.
- **Cost:** Price on request.
- **Target Audience:** Employees, Supervisors, Team Leaders, Senior Managers & CEOs.

If you would like more information on this training program, please contact: Melinda Kavanagh - Marketing Manager 03 9805 8000 Email: <u>mkavanagh@preftrain.com</u> or visit our website today.

<u>www.preftrain.com</u>

