

# Empowerment & *motivation skills*

PEOPLE WHO ARE MOTIVATED WILL BE MORE  
PRODUCTIVE AND PERFORM BETTER AT WORK.

The key challenge facing managers and leaders today is to understand how to empower and motivate their team. We all know that people who are motivated will be more productive and perform better at work.

The leader of the team is responsible for creating a good work environment for his/her team. This involves spending time trying to understand what motivates each individual and addressing problems faced by the team.

## How good are you at motivating others?

Ask yourself the following:

1. I understand the theory of motivation. (If not you can skip the other questions as this is critical)
2. I believe that there is a direct link between motivation and organisational performance.
3. I know that each person gets motivated by different factors.
4. I am aware of the practices that lead to de-motivation of my team.
5. I share the vision, mission and principles of my organisation.
6. I give my team autonomy in performing tasks.
7. I use different techniques to constantly motivate my team.
8. I discuss the thoughts and concerns of my team members.
9. I ensure that my team feels valued by giving them regular feedback.
10. I have set goals for myself and my team.
11. I actively listen to people without judgment.
12. I am aware of my own strengths and weaknesses.
13. I try to make the workplace an interesting place for everyone working with me.
14. I set achievable challenges for my team and reward them when they succeed.
15. I am personally very motivated and energetic.

### YOUR SCORE

People who are good at motivating themselves and their team generally score "YES" to 12 of these questions.

If you scored less, you should think about learning how to improve your empowerment and motivation skills.



Your **Empowerment and Motivation Skills** program can be custom designed to help your people to become better team and self motivators.

The program provides an understanding on how people can be motivated in many different ways. Participants will learn the concept of motivation from a theoretical perspective as well as a practical perspective.

## Key learning outcomes

Your **Empowerment and Motivation Skills** program will give participants the skills to:

- Understand how people can be motivated.
- Apply the theories of motivation in the workplace.
- Understand the relationship between motivation and job satisfaction.
- Motivate themselves and their subordinates.
- Use time management techniques to speed up the processes.
- Boost employee engagement levels and enjoy the proven outcomes.
- Substitute lethargic vocabulary with motivational communication to suit the Australian workplace.
- Implement a long term plan to sustain the motivational techniques applied in the workplace.
- Create a sense of purpose through goal setting and reaching targets.

## Would you like to attend this program?

- For maximum effectiveness, this program is best conducted as an in-house program.
- **Ideal group size:** 4 - 12 participants.
- **Venue:** For your convenience, you can choose to conduct this program at your business premises. Alternatively, we can provide a training venue at a small additional cost.
- **Duration:** This program can be adapted to meet your requirements.
- **Cost:** Price on request.
- **Target Audience** Employees, Supervisors, Team Leaders, Senior Managers or CEO's.

If you would like more information on this training program, please contact:  
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